



13th Edition - Open International of Montreal

Sunday, May 15, 2016



FOR ADMINISTRATIVE USE ONLY

DO NOT SEND THE REGISTRATION FORMS AT KARATE QUEBEC. ALL REGISTRATIONS AND PAYMENTS MUST BE COMPLETED ON SPORTDATA (Registration for competition: https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=2489#a_eventhead)

Name			First name			
Gender	MALE <input type="checkbox"/>	FÉMALE <input type="checkbox"/>	Birth date			
Belt	GREEN <input type="checkbox"/>	BLUE / PURPLE <input type="checkbox"/>	BROWN <input type="checkbox"/>	BLACK <input type="checkbox"/>	Body weight	KG
Email address						
Dojo			Chief-instructor			

IMPORTANT INFORMATIONS

Athletes can only register in one category in kata and one category in kumite, unless he/she participate in the Senior kumite open category.

The RECREATIONAL division is divided in Intermediate and Advance levels. As a general guideline, the Intermediate level is related to a participant with a 2-3 years-experience. The Advance level is more suited to a participant with more than 3 years of experience. The Brown and Black belts can only register in the Advance level categories.

The ELITE division is available to athletes from Youth to Senior categories. The ELITE division is intended for advance karateka's (BLUE/PURPLE to BLACK belts) who wish to compete against the best of their age category. These athletes will be able to register in the following categories: **Youth** (12-13), **Cadet** (14-15), **Junior** (16-17) et **Senior** (16+ : kata; 18+ : kumite). Take note that all eligible athlete are welcome to register.

In INTERMEDIATE and ADVANCE categories, the athlete must have the age of the category as of May 15, 2016. The category upgrading is available for the ELITE division athletes only. These athletes must have the age of the intended category as of February 24, 2017.

Karate Quebec reserves the right to examine every registration submitted to ensure a fair participation to all athletes.

RECREATIONAL - RECREATIONAL - RECREATIONAL						
KATA		SPARRING - KUMITE				
INTERM. <input type="checkbox"/>	ADVANCE <input type="checkbox"/>	INTERMEDIATE <input type="checkbox"/>	ADVANCE <input type="checkbox"/>			
Age category		Age category	MALE → weight categories (KG)			FEMALE → weight categories (KG)
8-9 y/o <input type="checkbox"/>		8-9 y/o <input type="checkbox"/>	-30 <input type="checkbox"/>	-35 <input type="checkbox"/>	+35 <input type="checkbox"/>	-30 <input type="checkbox"/> -35 <input type="checkbox"/> +35 <input type="checkbox"/>
10-11 y/o <input type="checkbox"/>		10-11 y/o <input type="checkbox"/>	-35 <input type="checkbox"/>	-45 <input type="checkbox"/>	+45 <input type="checkbox"/>	-35 <input type="checkbox"/> -43 <input type="checkbox"/> +43 <input type="checkbox"/>
12-13 y/o <input type="checkbox"/>		12-13 y/o <input type="checkbox"/>	-38 <input type="checkbox"/>	-48 <input type="checkbox"/>	+48 <input type="checkbox"/>	-37 <input type="checkbox"/> -45 <input type="checkbox"/> +45 <input type="checkbox"/>
14-15 y/o <input type="checkbox"/>		14-15 y/o <input type="checkbox"/>	-50 <input type="checkbox"/>	-58 <input type="checkbox"/>	+58 <input type="checkbox"/>	-47 <input type="checkbox"/> -54 <input type="checkbox"/> +54 <input type="checkbox"/>
16-17 y/o <input type="checkbox"/>		16-17 y/o <input type="checkbox"/>	-55 <input type="checkbox"/>	-62 <input type="checkbox"/>	+62 <input type="checkbox"/>	-50 <input type="checkbox"/> -57 <input type="checkbox"/> +57 <input type="checkbox"/>
18 y/o and + <input type="checkbox"/>		18 y/o and + <input type="checkbox"/>	-68 <input type="checkbox"/>	-78 <input type="checkbox"/>	+78 <input type="checkbox"/>	-53 <input type="checkbox"/> -60 <input type="checkbox"/> +60 <input type="checkbox"/>
35 y/o and + <input type="checkbox"/>		35 y/o and + <input type="checkbox"/>	-75 <input type="checkbox"/>	-85 <input type="checkbox"/>	+85 <input type="checkbox"/>	-65 <input type="checkbox"/> -75 <input type="checkbox"/> +75 <input type="checkbox"/>
ELITE - ELITE - ELITE						
KATA		COMBAT - KUMITE				
Age category		Age category	MALE → weight categories (KG)			FEMALE → weight categories (KG)
12-13 y/o <input type="checkbox"/>		12-13 y/o <input type="checkbox"/>	-35 <input type="checkbox"/>	-40 <input type="checkbox"/>	-45 <input type="checkbox"/> -50 <input type="checkbox"/> +50 <input type="checkbox"/>	-35 <input type="checkbox"/> -40 <input type="checkbox"/> -45 <input type="checkbox"/> +45 <input type="checkbox"/>
14-15 y/o <input type="checkbox"/>		14-15 y/o <input type="checkbox"/>	-52 <input type="checkbox"/>	-57 <input type="checkbox"/>	-63 <input type="checkbox"/> -70 <input type="checkbox"/> +70 <input type="checkbox"/>	-47 <input type="checkbox"/> -54 <input type="checkbox"/> +54 <input type="checkbox"/>
16-17 y/o <input type="checkbox"/>		16-17 y/o <input type="checkbox"/>	-55 <input type="checkbox"/>	-61 <input type="checkbox"/>	-68 <input type="checkbox"/> -76 <input type="checkbox"/> +76 <input type="checkbox"/>	-48 <input type="checkbox"/> -53 <input type="checkbox"/> -59 <input type="checkbox"/> +59 <input type="checkbox"/>
16 y/o and + <input type="checkbox"/>		18 y/o and + <input type="checkbox"/>	-60 <input type="checkbox"/>	-67 <input type="checkbox"/>	-75 <input type="checkbox"/> -84 <input type="checkbox"/> +84 <input type="checkbox"/>	-50 <input type="checkbox"/> -55 <input type="checkbox"/> -61 <input type="checkbox"/> -68 <input type="checkbox"/> +68 <input type="checkbox"/>
		18 y/o and + <input type="checkbox"/>	MALE OPEN WEIGHT <input type="checkbox"/>			REMALE OPEN WEIGHT <input type="checkbox"/>
AWAD - AWAD - AWAD (Athlete with an deficiency)						
Deficiency (check only one box)	Motor - standing <input type="checkbox"/>		Motor - sitting <input type="checkbox"/>		Visual <input type="checkbox"/>	Mental <input type="checkbox"/>
	ASD (Autism spectrum disorder) <input type="checkbox"/>			Multiple <input type="checkbox"/>		
Kata (8 to 10 years old) <input type="checkbox"/>		Kata (11 to 15 years old) <input type="checkbox"/>			Kata (16 years old and more) <input type="checkbox"/>	
SEMINAR - SEMINAR - SEMINAR						
Registration for karate seminar: https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=2564#a_eventhead						
Friday, May 13 → 6:30 - 8:30 PM (40\$) <input type="checkbox"/>		KUMITE - Movement purpose and Controlling Opponent				
Friday, May 13 → 6:30 - 8:30 PM (40\$) <input type="checkbox"/>		KATA - Elementary technique: Tsuki, Uke, Dachi, Keri				
Saturday, May 14 → 9:30 - 11:30 AM (40\$) <input type="checkbox"/>		KUMITE - Technique polish and Speed				
Saturday, May 14 → 9:30 - 11:30 AM (40\$) <input type="checkbox"/>		KATA - Methodology, basic technique, training hips				
Saturday, May 14 → 2:15 - 4:00 PM (40\$) <input type="checkbox"/>		KUMITE - Kicking and Defense				
Saturday, May 14 → 2:15 - 4:00 PM (40\$) <input type="checkbox"/>		KATA - Technical fundamentals				
CONFERENCE - CONFERENCE - CONFERENCE (TO BE CONFIRMED)						
Saturday, May 14 : 13-14h (0\$) <input type="checkbox"/>		TOM SCOTT - Athletes training for high level competition in karate				

Fee for competition

AWAD : FREE
 RECREATIONAL : 1 or 2 events : 50\$ CND
 ELITE JUNIOR : 1 or 2 events : 60\$ CND
 ELITE SENIOR : 1 event : 75\$ CND 2 or 3 events : 100\$ CND

Registration deadline for competition: **Wednesday, May 11, 2016**

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